Strengthening the Federation

We will work with CMHA Branches, Regions and Divisions to create

- A unified, effective and highly regarded CMHA federation

Social Change

We will support the public to create

- A society that understands and fosters good mental health

Systems Change

We will work with federal policy makers to create

- A stronger community mental health system in which people in Canada have access to community mental health services

To do this we will:

**NURTURE**
- A thriving, productive and healthy internal culture

**CONNECT**
- And support the federation capacity

**MODERNIZE**
- Our structure to create effective and cohesive structure and policies

**INFLUENCE**
- Norms, beliefs and behaviours via communications and interventions in key settings to create a climate of acceptance

**INFORM**
- The public about mental illness, mental health, and how to take care of them

**DEVELOP PUBLIC POLICY POSITIONS**
- To improve the community mental health system (CMHS)

**ADVOCATE CHANGE**
- To key decision makers

We will undertake this work with a commitment to being inclusive and anti-racist, advancing Indigenous Truth and Reconciliation and including the voices of lived experience of mental illness and mental health issues.

**OUR VISION:**

A Canada where mental health is a universal human right

To achieve our vision, we have three streams of work: